

Help heal
our world

GET INVOLVED

Join us for the first Global Healing Day
on the 25th April, 2026



Global Healing Day

Communications Toolkit, April 2026



A Collaborative Ecosystem for the Healing of People and Planet

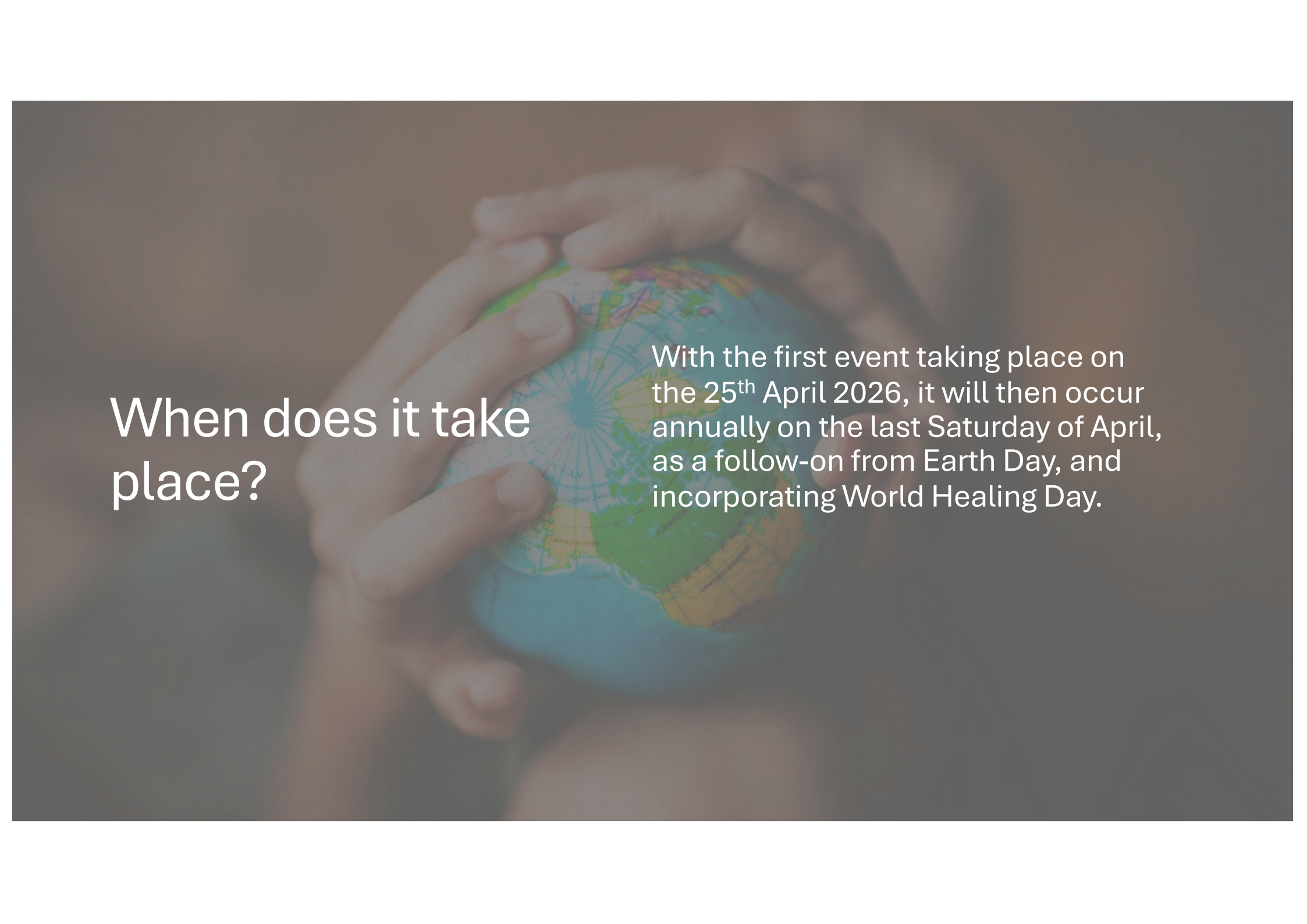
This toolkit is designed to help you share the spirit and purpose of the Day with clarity, coherence, and creativity. Whether you're an individual host, an organization, or a global partner, we invite you to use the day to bring your own voice, while aligning with our shared narrative.



WHAT IS GLOBAL HEALING DAY?

Global Healing Day is an annual day of reflection, action, and connection dedicated to healing across all systems: personal, social, ecological, economic, and spiritual.

It brings together a decentralised, regenerative ecosystem of people and organisations working in synergy to spark global transformation from the inside out.

A pair of hands is shown holding a small, colorful globe of the Earth. The globe is centered on the Americas, with North and South America visible in shades of green and yellow, and the surrounding oceans in blue. The hands are positioned as if cradling the globe, with fingers gently gripping it. The background is a soft, out-of-focus light brown color.

When does it take
place?

With the first event taking place on the 25th April 2026, it will then occur annually on the last Saturday of April, as a follow-on from Earth Day, and incorporating World Healing Day.

Our shared intent

To acknowledge that we are one humanity living on one precious planet

To recognise the interconnectedness of all life

To take responsibility for personal, collective and cross-species wounding across time

To share and amplify healing practices from diverse sectors and traditions

To create a moment of global coherence, local action, and unified intention



GHD Logo options



Short Post (50 words)

Primary Link

www.globalhealingday.world

One humanity. One Earth. Many paths. One intention.

On April 25, 2026, people across the world will pause, reflect, and act - together.

Global Healing Day is a shared moment to honour pain, restore connection, and co-create a more compassionate, regenerative future. It is not only about healing wounds, but about transforming the conditions that create them

This is not a campaign. It is a commons.
A living ecosystem of healing in action.

@GlobalHealDay #GlobalHealingDay #TogetherWeHeal #FutureofHumanity



Short Description (35 words)

Global Healing Day is a worldwide call to collective healing - across people, communities and ecosystems. It is a decentralised movement inviting diverse actions, stories and gatherings dedicated to regenerating life on Earth.



Short Description (50 words)

Global Healing Day is an annual day of reflection, action and connection dedicated to healing across all systems: personal, social, ecological, economic and spiritual.

It brings together a decentralized regenerative ecosystem of people and organizations working in synergy to spread global transformation from the inside out.

It is not only about healing wounds, but about transforming the conditions that create them



Medium Description (100 words)

Global Healing Day is a cross-sector, global invitation to join a growing movement for the healing of people and planet. On this day, partners around the world host events, share practices, and pause for reflection on what healing means in their lives and communities.

Rooted in respect for cultural diversity and shared humanity, this day amplifies efforts already underway and create a space for new possibilities to emerge.

It is not only about healing wounds, but about transforming the conditions that create them



Longer Description(300 words)

Global Healing Day - April 25, 2026 @GlobalHealDay #GlobalHealingDay #TogetherWeHeal#
FutureofHumanity

What if one day each year, humanity paused – together - to honour our pain, celebrate life, and recommit to healing the web of relationships that sustain us all? Global Healing Day is not just an event. It's a gathering point, a shared heartbeat for people and organisations around the world who are choosing healing - personal, collective, ecological, and spiritual - as the foundation for a thriving future.

In a time of deep fragmentation, disconnection and inherited trauma, this is a call to co-create something different. A living ecosystem of action and reflection. A day to remember what it means to be in kinship - with each other, the Earth, and all beings. Whether through community circles, interfaith rituals, somatic practices, storytelling, music, film, or ceremony - everyone is invited to contribute in their own way.

- ◆ Host or join a local or online event
- ◆ Share healing practices from your tradition or community
- ◆ Honour grief, offer forgiveness, plant a tree, hold silence
- ◆ Reflect on what your family or culture is ready to release—or carry forward

This is not a branded campaign - it is a commons of care, stewarded by many, owned by none.

Join us on April 25 and help seed a new rhythm of global coherence and regenerative action. Together, we can shift systems, rewrite stories, and restore the deep code of belonging.

One humanity. One Earth. Many paths. One intention.

www.globalhealingday.world



Hashtags

- @GlobalHealDay
 - #GlobalHealingDay
 - #TogetherWeHeal
 - # FutureofHumanity
-

Social Media Post Example

On the 25th April 2026, we gather globally and act locally. Global Healing Day is a call to compassion, courage, and connection. Join us as we honour pain, share practices, and celebrate life.

@GlobalHealDay
#GlobalHealingDay
#TogetherWeHeal
FutureofHumanity



Partner activity ideas

- Host a meditation circle, ritual, or prayer event
- Share stories of wounding and healing from your culture or community
- Offer songs, poems, videos or artworks
- Offer healing tools and resources
- Create local gatherings: walks, dialogues, ceremonies
- Amplify others' actions via social media
- *Note: Please share your events via @GlobalHealDay #GlobalHealingDay or our website to help us map the global network.*



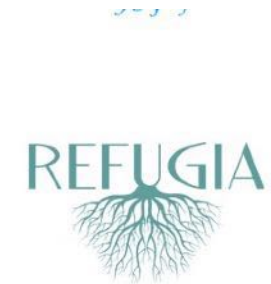
Current GHD Partners



Current GHD Partners



Current GHD Partners

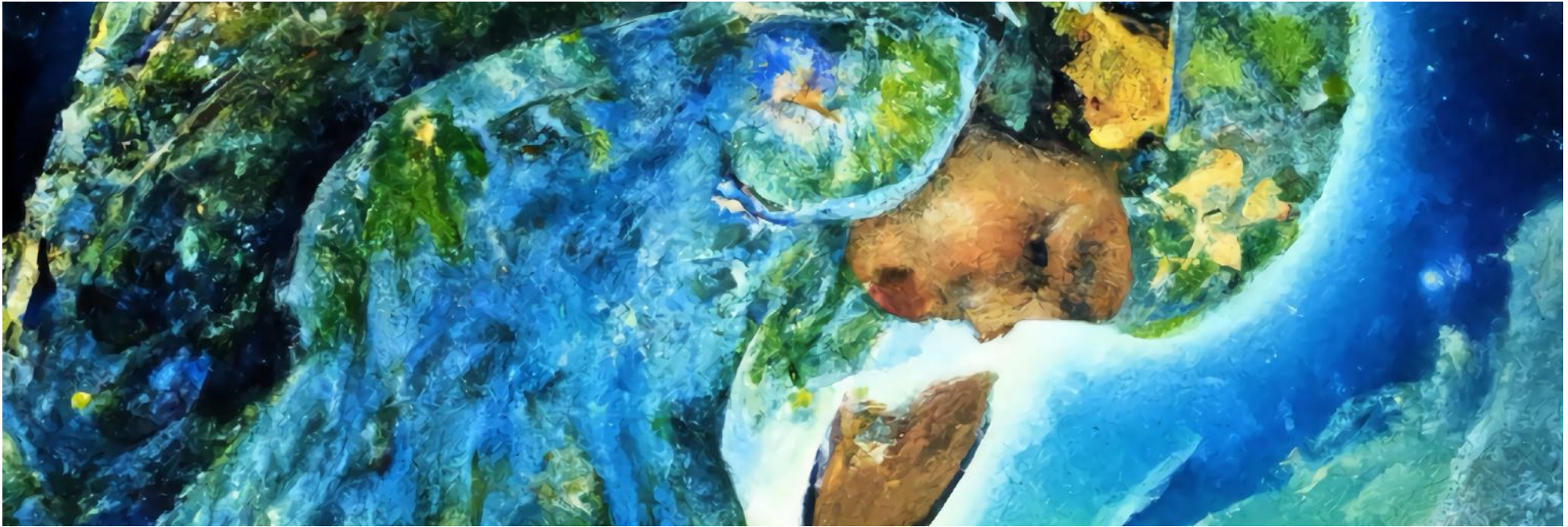




Staying connected

Website: www.globalhealingday.world

Social Media: @globalhealday #globalhealingday
#togetherweheal #futureofhumanity



Together, We Heal

This is not a campaign. It is a commons. A day of convergence. A remembering. A shared pulse. A living ecosystem, stewarded by many, owned by none.

Thank you for being part of it.